

# 8U

## THERE ARE NO GOALKEEPERS IN THIS AGE GROUP

**Field:** 25 x 50 yard rectangle with a halfway line and a 6 yard radius center circle  
The goal area is a 6 x 12 yard rectangle in front of a 6 x 18 foot goal, or a 4 foot high by 6 foot wide bownet or p.u.g.

**Ball:** Size 3

**Players:** Maximum roster of 8, with 5 vs. 5 on the field.  
**THERE ARE NO GOALKEEPERS!**  
All players play half the game, with as many as possible playing three quarters.

**Referees:** Certified ref, or volunteer. No yellow or red cards will be shown to players.

**Duration:** Two 20 minute halves, with substitution break at approx. midpoint of both.  
2 minute quarter breaks and 5 minute half time.

### **Starts and restarts:**

Kickoffs from center of field at start of both halves and after a goal.

Free kicks are all direct, meaning a goal can be scored on the first touch.

-the opposition must stay at least 6 yards off the ball until kick is taken.

-all infractions are enforced, with the **exception** of offside. Offside law

is not introduced until 10U.

Penalty kicks do not apply, there aren't any.

Goal kicks are as normal.

Corner kicks are as normal, the opposition must stay 6 yards away.

Throw-ins are not applied. When the whole ball crosses the touch line the ball should be placed at the spot it left the field of play and a kick-in will be the restart.

-referee to help coach correct delivery and be lenient

Drop-ball after a stoppage without an infraction (dog, rain, injury etc.).

### **Fouls and Misconduct:**

All infractions enforced except offside.

All free kicks are direct.

There are no penalty kicks.

There is no heading of the ball.

### **Practice duration:**

One hour per week.